

## Bungee Jumping

Last year, I went to a secret spot in Australia called "The Dolphin Valley". There I found the perfect thing to do, bungee jumping!!! I had never done it prior to this trip and found that it was a sensational experience that I would love to do again in the future.

The bungee area was up on a bridge surrounded by gigantic trees, large rocks and sandy hills all over. On the way up to the bridge I got a bit nervous. When I got there, I was so frightened that my knees were about to give up on me. Then, the owner came out and asked me how old I was and if I had any previous experience. He weighed me and measured my height. Finally, he gave me the stamp of approval to make the jump. Boy was I scared! Next, he strapped huge weights to my ankles which felt like medium sized bowling balls. Then, he attached a long bungee cord to the weights. Last but not least, I had to wear a bright yellow helmet to protect my head.

Now it was time for the actual jump. The owner told me to jump when he said "Go!!!" He also gave me some useful advice about not looking down. As soon as he said that, I looked down and what I saw was a big river and sharp jagged rocks. I closed my eyes and when I opened them the owner started to count, "One... two.... three... GO!" I jumped off and my heart felt like it was about to leap out of my chest. Finally, I opened my eyes and everything was upside down. I bounced up once or twice and that was it. I felt an exhilarating rush throughout my entire body, which continued until I made it back to solid ground.

As soon as I got back to the bridge, I knew I had done it. It was the greatest feeling that I had ever experienced. To this day, it remains a significant experience in my life and one that I would highly recommend to others, who similar to myself, like to be adventurous.