

## **High School Sports**

Most extracurricular activities can greatly impact a student's life in many ways if they choose to take advantage of them. Drugs and alcohol are extremely high in today's society. Another problem in today's society is the number of high school students dropping out and the number of D's and F's on a student's transcript. Many students who are talented and are good at school also choose not to go to collage because they can't afford it and school sports can help you out with that.

Getting involved in school sports can greatly impact a students by keeping them involved. Being involved in something that you like will help you to stay out of trouble due to having less time to do the things that you shouldn't be doing. Having less of a bad influence can help you stay in school and get good grades. Staying away from gangs, drama, violence, drugs, and alcohol helps improve your life style as well as your future. There will be a better chance of you going to collage if

you are involved, are good a team player, and have good sportsmanship.

Being good at a sport can greatly help you with collage as well as having good grades. Scholarships are offered with the chance that you keep your grades up and play collage sports. Not just any one can play a sport the greatest requirement other then having heart and talent is good grades. You may also get kicked out for bad grades. High school sports can help you keep your grades up if you are truly passionate about the sport.

Getting involved in extracurricular activities such as a sport can help you keep in school. Many students don't like school but love sports. For many people sports are the only reason to attend school. Being stuck in a class for 95 minutes with many students, you can quickly turn into a number. On the basketball court for example you can improve to people that you are good. You can always show off your talent, but don't make you're self look bad.

Sports can improve your life if you allow them to. Being involved in a sport can impact your life as well as your self esteem. There are many advantages to extracurricular activities. You can stay out of trouble, stay in school as well as bringing up your grades. Getting a scholarship for collage can also be made a reality by playing sports. Being involved in sports can also help you to make new friends, and important choices that may later affect one of the most important part of your life; your future.