“Students Abroad and Life Satisfaction”

Introduction
Life satisfaction involves people thinking about their life as a whole, including factors such as whether they are achieving their goals, are doing as well as other people around them and happy generally rather than just right now. These days education became significant issues around the world. There are a lot of opportunities of study for people not only in their country, but also in abroad. Over the past few decades, researchers have done many studies about students that they are living in overseas. Based on their findings some of these students face some problems about satisfaction of their lives. So some scholars claim that unsatisfaction of life became a global problem for foreign students which study in abroad.

Problem
Life satisfaction represents how satisfied people feel with their life generally, Satisfaction has been described by Shin and Johnson (1978) as a global assessment of a person’s quality of life according to his/her own criteria. In recent years, a lot of young people from different countries go to the developed countries for continue their education. During this period, they probably face with unsatisfaction of their lives. Based on a number of studies as like Ylijoki (2000) unsatisfaction of life for students who are living abroad are increasing. It caused by different indicators such as homeless, stress, unsuccessful and etc. The researchers stated that when students start their new life in abroad some of them become homeless about their countries, families and even about their home foods. They cannot adjust themselves with host country foods, families and friends. So they prefer to isolate themselves and spend many times alone. Researchers also pointed to stress, lack of confidence and academic achievement as other factors that impact on life satisfaction. Some scholars
suggested that researchers in their future studies can find more predictors for preventing of this problem.

**Solution**

Based on the literature review one of the possible solutions for prevention of unsatisfaction of life is socialization program. According socialization theory Bandura (1977-1997) it can conduct through three stages: getting in, breaking in, and settling in. During the first phase, before students leave their country they can learn about prospective community, they also can learn something about host country culture, language, food and some important rules in that country. Second stage occurs when students arrive directly to the new country. They apply their knowledge that learned before and experience them in the real situation. Finally, third stage occurs when students are settling and stay in the new country. They learn how they adjust new conditions for starting their study and new life. So, if we train these stages to students we can decrease unsatisfaction of life. It can be claimed that socialization program can be a good solution for this problem.
By the three –steps process through which newcomers become full- fledged members who share its major values and understand its policies and procedures.

Figure 2. The suggestion preference process of Learning Socialization theory for foreign students in new community

Answering objections

Socialization program needs short and long term educational plans. It means that we need some expert persons such as educationalist, psychologist, and even politics for presenting and teaching all the issues that maybe a student face during his/her study. These expert persons can identify important issues for students who want go oversea and continue their education, so through this way they can preventing of unsatisfaction of life. Experts in Education such as Atherton (2000) explain philosophy of education and the different of it with other countries. They also mentioned to their expectations of students in the educational levels. Psychologist also can describe some indicators that maybe cause unsatisfaction of life such as stress, homeless, unsuccessful and etc. Politics in educational area can help students through introduce and explain some issues that are related to culture, religious, political, economy, security and so on. As we know each country has it’s special situations and conditions, so sometimes finding experts in all of these areas is very difficult. But, it’s no problem we can ask from ministry of foreign affairs for giving the latest
information because the experts of that ministry have a lot of information on the areas that we need.

**Conclusion**

In conclusion, unsatisfaction of life among students who are living abroad can be prevented by a good socialization program in society. It occurs based on socialization theory through short and long term educational and use of experts in different areas. Based on all these stages unsatisfaction of life will be decreased among students in abroad.
References


